

**Richard Del CONNOR**

PO Box 631

Montrose, CA 91021

Phone: (818) 723-2769

Email: producer@shaolinRECORDS.com

**TCY Program Director - MENTORING PROGRAMS****Summary**

- **Kung Fu master** since 1984, learning about people through training them.
- 1992: Developed **7-year curriculum for Shaolin Chi Mantis** Traditional Buddhist Gongfu.
- 1996: Developed **3-year curriculum for Tai Chi Youth**.
- 2008: Developed **5-year curriculum for Buddha Kung Fu**.
- 2009: Developed **3-year FRANCHISE curriculum for 12 Step Kung Fu Bootcamp** so that students can easily launch Kung Fu schools worldwide.
- Insightful **life coach** who develops permanent cures to lifestyle problems.
- **Buddhist scientist** since 1980, studying and directing people to better lives.
- As **Kung Fu LIFE COACH**, Richard has trained blind persons, chemotherapy rehabilitation, cured obesity, cured sleeping disorders, eliminated need for prescription drugs, and strengthened family relationships of his students since 1987.

**Objective**

- Create an **accredited online Tai Chi Youth school** for kids worldwide on their computers.
- Tai Chi Youth is **high school credit** physical exercise program.

**Develop positive lifestyles of good health and good thinking with Tai Chi Youth programs.**

- Weekly seminars include the Tai Chi form which students practice daily independently.
- Tai Chi Youth programs have been proven successful with all ages in over 20 schools.
- **Cure** drug addiction and mental disorders with Tai Chi Youth curriculum.

**Reduce illness and injuries with Tai Chi lifestyle.**

- Tai Chi practitioners always have better health awareness and attitudes.
- Lifestyle with exercise promotes better eating habits and better sleeping.
- **Cure obesity** in teenagers with Tai Chi Youth programs.

**Create TCY Online School.**

- Real-time group classes
- Private classes, mentoring, counseling, and belt testing.
- Provide classes on internet for download, or streaming 24/7.
- Obtain **grants, funding and donations** for Tai Chi Youth online school.
- Tai Chi Youth is popular curriculum in online schools and **home schooling**.

**Improve productivity and stamina with Yoga and aerobics.**

- Tai Chi Youth Yoga, punching and kicking exercises provide challenging workout.
- Tai Chi is a FAST MOVING martial art that exercises the entire body.
- **Prove** that Tai Chi Youth can establish the foundation of a healthy, happy life.

**Develop leadership skills.**

- Tai Chi Youth teaches all our students of all ages to become leaders.
- Tai Chi Youth classes also develop each student's cooperation abilities.
- Provide **mentoring program** in belt rank advancements.

**Education**

2007-2010	Buddha Kung Fu	Shaolin Kung Fu / Tai Chi	Shifu Certificate
2006-2009	Freemasons of California	Panamericana 513	Master Mason
1996-2001	Tai Chi Youth	Shaolin Kung Fu / Tai Chi	Shifu Certificate
1992-1996	Shaolin Chi Mantis	Shaolin Kung Fu / Tai Chi	Shifu Certificate
1984-1987	UCLA	Motion Picture Program	Certificate 3.6gpa
1981-1984	Tai Mantis Federation	Shaolin Kung Fu / Tai Chi	Shifu Certificate
1973-1977	United Brotherhood of Carpenters	Apprenticeship	Journeyman Certificate
1972-1973	RIAA Recoding Engineer	Program	Certificate
1971-1972	MUN Memorial University of St. John's	Newfoundland	
1970-1971	Prince of Wales Collegiate	Canada High School	Certificate
1967-1970	Harvey Lewis Jr. High	San Diego, Calif.	Certificate
1960-1967	John G. Marvin Elem.	San Diego, Calif.	Certificate

**Experience**

2011	<b>Masonic Kung Fu - Book 1</b> by Richard Del Connor.
2011	<b>Human Values for Success in Business and Family</b> by RDC.
2009-2010	<b>Secretary</b> of Tai Chi Youth nonprofit corporation.
2009	<b>Founder-Creator</b> of the 12 Step 12 Week Kung Fu Bootcamp.
2008	<b>Buddha Kung Fu Student Manual</b> by Buddha Zhen.

2008 **Founder** of Buddha Kung Fu schools.  
 2007-2011 **Chief Instructor** of Buddha Kung Fu.  
 1997 **Shaolin Kung Fu Beginner** by Buddha Zhen.  
 1996-2011 **Chief Instructor** of Tai Chi Youth.  
 1996-2011 **President** of Tai Chi Youth nonprofit corporation.  
 1996-1999 **Chair** of Tai Chi Youth Tournament Committee.  
 1996-2011 **TCY Patriarch** of Tai Chi Youth nonprofit corporation.  
 1996-2009 **Program Director** of Tai Chi Youth nonprofit corporation.  
 1996 **Tai Chi Youth Instructor Guide #1** by Buddha Zhen.  
 1996 **Founder** of Tai Chi Youth nonprofit education organization  
 1994-2010 **Sponsor-Promoter** of "Summer Push Hands" tournaments.  
 1994-2010 **Sponsor-Promoter** of "Push Hands Championship" tournaments.  
 1994-2010 **Sponsor-Promoter** of "SCM-TCY Annual Gongfu Taijiquan" tournaments.  
 1993 **Shaolin Chi Mantis 7-Year Curriculums** by Buddha Zhen.  
 1992-2011 **Seminars and workshops** in tournaments, schools, and online.  
 1992 **Founder** of Shaolin Chi Mantis Traditional Buddhist Gongfu school.  
 1984-2006 **Chief Instructor** of Shaolin Chi Mantis Kung Fu schools.  
 1992 **Tai Chi Beginner** book by Buddha Zhen.

#### Publications / Product Releases

- **TaiChiMagic.com** album website of Buddha Zhen album
- **Zen Buddhist Podcast of Shaolin Zen** Hosted by Buddha Zhen podcast
- **TCY\_eNEWS** Newsletter of Tai Chi Youth email

#### AFFILIATIONS

- Jing Mo Kung Fu Association
- SMPTE Society of Motion Picture and Television Engineers
- Tai Mantis Federation
- UCLA Alumni Association
- United Brotherhood Carpenters and Joiners

#### Presentations and Seminars

- Buddha Zhen Kung Fu and Tai Chi master seminars, lectures, tv, radio shows
- Buddha Zhen Kung Fu musician flute and poetry performances
- Push Hands Championship Tournament 4th Saturday of September
- Push Hands Seminar 1st and 2nd Saturdays of June
- Push Hands Seminar 1st and 2nd Saturdays of September
- Push Hands Seminar 1st Saturday of November
- SCM Annual Gongfu & Taijiquan Tournament 3rd Saturday of November
- Push Hands Tournament 4th Saturday of June
- Tai Chi Seminar Combat Taiji 1st Saturday of August
- Tai Chi Seminar Staff Tai Chi 2nd Saturday of August
- Tai Chi Seminar Tournament Tai Chi 3rd Saturday of August
- Tai Chi Seminar Qigong Tai Chi 4th Saturday of August
- TCY Demo Team Tai Chi Youth performers Tai Chi and Kung Fu shows

#### Achievements

- 2010 Founder: **shaolinINTERACTIVE.com** online Tai Chi and Kung Fu school.
- 2009 Graduate: **3rd Degree Master Mason** Proficiency Test of California Freemasons.
- 2009 Creator: **12 Week 12 Step Kung Fu Bootcamp.**
- 2008 Founder: **Buddha Kung Fu** schools.
- 2001 Reputation: **Cured** heroin addiction, sleeping disorders, and drug dependency.
- 1999 Publisher: **ShaolinCommunications.com** websites.
- 1998 Mr Mom: **Homeschooled** daughter for several years, raised two children.
- 1997 Reputation: *"Best Tai Chi instructor in the world."*
- 1996 Founder: **Tai Chi Youth** nonprofit education organization 501(c)(3) charity.
- 1992 Founder: **Shaolin Chi Mantis** Traditional Buddhist Gongfu & Taijiquan schools.

#### Website Resumes and Information about TCY MENTORING PROGRAMS: Richard Del Connor

Richard Del Connor **BUDDHIST SCIENTIST**  
[actZEN.com](http://actZEN.com)  
[RichardDelConnor.com/discography01RDC.html](http://RichardDelConnor.com/discography01RDC.html)  
[RichardDelConnor.com/resumelistRDC.html](http://RichardDelConnor.com/resumelistRDC.html)

Richard Del Connor **PATRIARCH of TAI CHI YOUTH**  
[taichiYOUTH.org/corporate-TCY/TCYPatriarch/TCYPatriarch-01/TCYpatriarch1.html](http://taichiYOUTH.org/corporate-TCY/TCYPatriarch/TCYPatriarch-01/TCYpatriarch1.html)  
[taichiYOUTH.org/taichiPROGRAMS.html](http://taichiYOUTH.org/taichiPROGRAMS.html)

Buddha Zhen Shen-Lang **FOUNDER of SHAOLIN CHI MANTIS**

[shaolinchiMANTIS.com/Pages-M/8goals-SCM.html](http://shaolinchiMANTIS.com/Pages-M/8goals-SCM.html)  
[shaolinchiMANTIS.com/Pages-M/bioMZ01-SCM.html](http://shaolinchiMANTIS.com/Pages-M/bioMZ01-SCM.html)

Buddha Zhen Shen-Lang **FOUNDER of BUDDHA KUNG FU**  
[buddhaKUNGFU.com/buddhazhen/index.html](http://buddhaKUNGFU.com/buddhazhen/index.html)  
[buddhaKUNGFU.com/books/index.html](http://buddhaKUNGFU.com/books/index.html)

Buddha Zhen Shen-Lang **FOUNDER of SHAOLIN ZEN**  
[shaolinCOM.com/Buddha\\_Zhen/AboutBZ-S.html](http://shaolinCOM.com/Buddha_Zhen/AboutBZ-S.html)  
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